

VETERANS RETREATS OF WA INC

MEENTHEENA

Address: 515 Rowley Road, Forrestdale WA 6112..
Website: www.vrwa-meentheena.org
Incorporated in Western Australia: 9th June 2010
Cert. of Inc.: A1014796U

Email: veteransretreats.wa.inc@gmail.com

ABN: 56922714007

Meentheena Newsletter February 2023



It's February already!

Reminder

Membership renewal or joining the Association is now due. Membership fee (\$25) per annum for 2023. Please support this wonderful organisation. Thank you to the members who have already renewed their membership. When a veteran, first responder & other service people renew their membership & their partner, the partner is now a full member with voting rights. If staying at Meentheena, there is a discount on camping fees. We need you to support us so that Meentheena can continue to function while we are negotiating with NAC & DBCA. There is no need for existing members to fill out a membership form when renewing their membership for 2023.

You can direct credit to our bank account referencing your name:

Australian Military Bank BSB: 642170 A/C: 100269533.

Otherwise, payment can be made via a cheque to '**Veterans Retreat**'

Please forward your cheque to:

The Office of VRWA

515 Rowley Road Forrestdale WA 6112

Please ensure a return name and address is on the reverse side of the envelope.

Please note that email is our preferred method of communication.

If your details have changed, please notify us so we can keep your records up to date and keep you in the loop.

If there is a spouse/partner or friend wishing to join, a membership form will need to be completed. It can be sent via post to the office address (as above) or via email to:

veteransretreats.wa.inc@gmail.com

The new membership form can be downloaded from the website:

www.vrwa-meentheena.org

Reunion

There is a 2023 Reunion in Sydney, scheduled possibly in September 22nd to 24th, for 17 Construction Squadron Association.

Admin is in the process of seeing if there is an interest and looking for helpers to organise. Contact Facebook page, Michael Borg for further information.

Camp Hosts

Trevor Taylor 15th October 2022 – 15th March 2023

Peter Whyte 14th February – 28th February

URGENT! URGENT! We are desperately in need of camp hosts from 15th March 2023.

Volunteering for camp hosting requires you to undertake camp duties for free accommodation. If you can help us with hosting, it would really be appreciated. Contact Gary Fernihough, gary.fernihough@bigpond.com Ph. 0407776318 & book the dates that suit you.

There has been rain at the camp & the creek crossings have the topsoil washed off again, plus a deep channel on the road into the camp, so there will be some work required on this and the grading of the roads before we get a lot of visitors.

Urgently needed at least 6 people for a Work Party at the Retreat for maintenance.

It would be ideal if someone has a trailer to take whipper snippers and a couple of lawn mowers to be there by 15th March 2023 to prepare the camp area for the coming season. Contact Les McGoldrick lesley.mcgoldrick@bigpond.com 0400 033 060

Congratulations to Warren Jacka who was awarded Senior Citizen of the Year for Mount Magnet on Australia Day.

Inbox



Defence and Veterans Legal Service <davls@legalaid.wa.gov.au> 15 Feb 2023, 08:02 (3 days ago)

to me

Hi Barb

Could you please include the **attached** content in any Veterans Retreats WA publications/newsletters and social media.

It highlights:

- free assistance for veterans and ADF members, plus their families
- Royal Commission deadlines that will interest your readers.

Thanks for supporting our efforts to help the Defence and veteran community. If people want to learn more about our free, confidential and independent legal support, we encourage them to:

- call us on 1800 33 1800
- visit us [online](#)
- follow us on [Facebook](#) and [Twitter](#).

Kind regards

Mitch

Mitchell Caubo | Solicitor
Defence and Veterans Legal Service | Legal Aid Western Australia

T: (08) 6373 5280

DefenceVeteransLegalService.org.au

Information Line: 1800 33 1800

The newsletter content below is for organisations that help veterans and ADF members. It can be used in emails and on social media etc. It can be published as a 140-word article or 290 words. DAVLS contact: Jeremy Boylen 0407 652 173

1 year of service, 1000 people helped

Free assistance for veterans, ADF members & amp; their families

A free legal service for veterans and Defence members has marked its first anniversary by boosting the assistance it provides to them.

In the past year more than 1,000 people have been helped across Australia by the Defence and Veterans

Legal Service (DAVLS).

This service provides free, confidential and independent legal support to people who want to share their story with the Royal Commission into Defence and Veteran Suicide.

Key dates:-Submissions to the Royal Commission must be received by October 13 of this year. But if you want to have a private one-on-one session with a Royal Commissioner, you must submit your request by April 28 of this year.

DAVLS also helps with issues relating to veterans' entitlements and other legal problems commonly experienced by current and former ADF members.

For free, independent legal support, call 1800 33 1800 or visit DefenceVeteransLegalService.org.au

Smiles

Apparently exercise helps you with decision making. It's true. I went for a run this morning and decided I'm never going again.

I woke up this morning determined to drink less, eat right and exercise....But that was 4 hours ago... when I was Younger and full of hope!

I believe in the hereafter. I get there and wonder what I was here after.

I have many hidden talents, but wish I could remember where I hid them.

After quietly telling a friend that I was having an affair, he asked if it was being catered for.

Best wishes, Barb